



## ASC Beginning Sailing Class Application:

In order to apply for the ASC Beginning Sailing class please complete the following application packet:

1. Fill out this application form indicating your preference for session. If you choose the summer session please indicate whether you would prefer the dingy track or the keelboat track.
2. Read and sign the included *Rules of the Alaska Sailing Club*.
3. Read and sign the included *Release of Liability Agreement*. You will need one completed copy of this agreement for each person in your family who is taking the class.
4. Mail all of the above paperwork plus the payment for the membership and any associated fees to the following address:

PO Box 92554  
Anchorage, Alaska  
99509-2554

Checks can be made out to *The Alaska Sailing Club*. Please note that the mailing of the above packet will require two first class stamps for postage.

## Overview

The ASC Beginning Sailing classes are intended for people who are just learning to sail and have no previous experience or for those who are returning to sailing after an absence and would like to brush up on their skills. Singles, couples, seniors and families are all welcome to attend. This is a low-pressure class with a focus on fun and practical experience gained from hands-on exercises.

Participants who successfully complete the class become full members of the Alaska Sailing Club and are welcome to participate in our exciting schedule of summer events. The ASC is a non-profit 501(c)(3) is dedicated to sailing education, so your education doesn't end when you complete the class. We have a very active membership that is willing to help you continue to build your skills for years to come. And as you improve you'll be able to help future class participants in the coming years. It's worth noting that most of our membership learned to sail on Big Lake in these classes!

We have classes available in both June and July.

### **The Spring Class (June 2nd, 7th, 8th, 9th and 10th)**

The June class is taught by long-time sailing instructor (and ASD teacher!) Cheryl Childers and consists of four separate sessions taught with the ASC's Skipjack 16s: a pool session on June 2nd that includes both a basic swimming test and capsizes instruction with a Vanguard Laser sailboat; a classroom session on June 7th that covers basic sailing theory and terminology; a rigging session on the evening of June 8th at Big Lake; and the final (and best!) session on June 9th and 10th consists of two days of on-water instruction at the Alaska Sailing Club.

## **The Summer Class (July 27th, 28th and 29th)**

The July class consists of an intensive two-and-a-half-day session at the Alaska Sailing Club with separate dinghy and small keelboat tracks. Cathy and Geoff Wright will teach the dinghy track and Doug Tosa will teach the keelboat track. The dinghy track will be taught with Vanguard Laser 4.7s and Nickels Buccaneer 18s. The small keelboat class will be taught using a newly restored Ensign 21.

The half-day session on Friday the 27th includes a swim test, capsize drill (for dinghy track students only!) and rigging session in the ASC harbor as well as a classroom session in the clubhouse and a rigging session at the ASC harbor. Dinghy track students will focus on learning to rig Lasers and Buccaneers, and keelboat track students focus on the Ensign 21. The 28th and 29th will be full-day on water sessions taught at the Alaska Sailing Club. All students are invited to camp at the ASC on Friday and Saturday evening.

*Which track? Dinghy or keelboat?*

If you're taking the summer class you have the option of selecting either the dinghy or keelboat track. Which one should you take? Well, as with most things in life it depends... The dinghy track provides a more "primal" sailing experience. As compared to keelboats dinghies are more reactive and there's a lot less technical stuff to think about, but sailing them is a somewhat more physical endeavor. You need to "hike out" to keep the boat from capsizing, and when the boat (almost inevitably) does capsize you need to right it and get back in it. Dinghy sailing is fast, fun, a bit physical, sometimes wet and occasionally a bit scary (although perfectly safe) when you're just learning.

Keelboats are more complex than dinghies and have a lot more parts and pieces. They're also slower, more relaxed and drier. They can't capsize and it's unlikely that you'll fall in the water when you're sailing one. On a keelboat you're further away from the water and it's a bit harder to get the "feel" of the lake and the wind. (Although not getting the "feel" of the lake isn't always such a bad thing!)

Both are lots of fun, and you really can't go wrong either way. If you're looking for something a bit faster and more exciting and aren't afraid to get wet the dinghy track is probably your best bet. And if that sounds a little too physical the keelboat track might be more your thing. You also might consider the keelboat track if you're already a dinghy sailor and want to start to learn a bit more about keelboat sailing. But either way you'll certainly have fun and learn a lot about sailing so don't sweat the choice too much.

## Minimum Requirements

In order to take part in the ASC Beginning Sailing class you need to meet the following minimum requirements:

1. You must be at least 18 years of age. If you are younger than 18 acceptance in the sailing class will be approved by the class instructor on a case by case basis.
2. You must be able to pass the swim test. This test consists of swimming two lengths of a swimming pool and treading water for two minutes.
3. You must be able to capsize and right a Vanguard Laser dinghy unassisted if you want to take any of the dingy classes.
4. You must be willing to help your fellow class members. Sailing is a cooperative activity and we all need to work together to pull off a great class.

You don't need to be an extraordinary athlete in order to have fun and be safe sailing dinghies. However you do need to have some minimal swimming ability (any stroke including the dog paddle is fine) along with enough upper body strength to right a capsized boat. If you're not comfortable with this requirement you are still welcome to take the keelboat track in the summer class.

## Recommended Gear

We recommend the following gear for the ASC Beginning Sailing class:

- *A comfortable lifejacket.* If you don't have one, the ASC will provide one for you, but if you're going to make a summer out of sailing you'll definitely want a good, comfortable PFD (personal floatation device).
- *Sunscreen.* A bad burn will ruin your weekend, so bring some sunscreen!
- *A bathing suit.* Capsizing is part of sailing, so bring a bathing suit. You're going to get wet!
- *Warm clothes and good rain gear.* Big Lake can be cold and wet just like the rest of Alaska.
- *A wetsuit.* This isn't a requirement, but it's a good idea -- especially if you're not a strong swimmer. Big Lake is cold, especially early in the season and a wetsuit is a great piece of safety gear.
- *A tent.* While not required, the class is even more fun when you spend the night between sessions!

If you have any questions about gear please feel free to contact the instructor.

## Instructor Contact Information

If you have any questions or concerns regarding the class, please feel free to contact the lead instructor for that class. Contact information for the spring class is as follows:

Cheryl Childers  
[akpeace@gci.net](mailto:akpeace@gci.net)

Contact information for the summer class is as follows:

Geoffrey L. Wright  
907-727-9397 (mobile or text)  
[glw907@gmail.com](mailto:glw907@gmail.com)

## 2012 Spring Session Class Schedule

The schedule for **2012 Spring Session Class** is as follows:

Date	Time	Location	Event
May 26th & 27th	all day	Alaska Sailing Club	<i>Ice Breaker Regatta.</i> Come sail on a keelboat with other class members! <i>(optional but fun!)</i>
June 2nd	4:00 pm - 6:00 pm	Dimond High School Swimming Pool	<i>Swim Test and Capsize Drill.</i> Test may be taken w/ life jacket on.
June 7th	5:30 pm - 7:30 pm	AUUF 3201 Turnagain St.	<i>Chalk Talk.</i> Learn sailing theory and vocabulary. Pizza dinner & beverages provided.
June 8th	6:00 pm - 8:00 pm	Alaska Sailing Club	<i>Rigging Session.</i> Learn to rig the ASC dinghies and help get them ready for the season. Bring work clothes.
June 9th	8:00 am - 5:00 pm	Alaska Sailing Club	<i>1st Lake Session.</i> First day 'on-the-water'!
June 10th	9:00 am - 4:00 pm	Alaska Sailing Club	<i>2nd Lake Session.</i> Second day 'on-the-water'!

Dates and times subject to change. Please verify times and dates with Cheryl Childers.

## 2012 Summer Session Class Schedule

The schedule for **2012 Summer Session Class** is as follows:

Date	Time	Location	Event
May 26th & 27th	all day	Alaska Sailing Club	<i>Ice Breaker Regatta.</i> Come sail on a keelboat with other class members! <i>(optional but fun!)</i>
July 27th	12:00 pm - 5:00 pm	Alaska Sailing Club	<i>Chalk Talk, Rigging Session, Swim Test and Capsize Drill.</i> Swimming test may be taking with lifejacket on, and capsized drill is for dingy track students only.
July 28th	10:00 am - 6:00 pm	Alaska Sailing Club	<i>1st Lake Session.</i> First day 'on-the-water'!
July 29th	10:00 am - 4:00 pm	Alaska Sailing Club	<i>2nd Lake Session.</i> Second day 'on-the-water'!

Dates and times subject to change. Please verify times and dates with Geoff Wright.

## Payment

The cost of this class for one person is \$375. Families may take this class for a cost of \$475.00. Families can include two adults living under the same roof. Additional family members, 18 or older, beyond the first two can take the class for \$100.00 each.

Once you complete this class you will become a full member of the Alaska Sailing Club for the rest of the season at no additional cost. This membership will include use of the club boats for this season. You will need to pay the additional fees for moorings, trailer space or RV parking if you intend to use any of these. Details regarding these additional options are available on the ASC membership form. You can always find a link to the PDF version of this form on the ASC website.

Existing Alaska Sailing Club Members may take this class for a cost of \$50. You must be current with your membership in order to sign up for the class.

Space is available on a first come, first served basis. We'll reserve space as soon as we've received a completed copy of this application and payment for the class. Also note that the class includes a nifty Alaska Sailing Club t-shirt, so don't forget to indicate the size or sizes you need below!



## Personal Information

Primary contact for this class:

_____ * Full Name	_____ * Home Phone	_____ Mobile Phone	_____ * Email
_____ * Address	_____ * City	_____ * State	_____ * Postal Code
_____ * Signature	_____ * Date		

For each additional person covered under this class payment:

_____ Full Name	_____ Home Phone	_____ Mobile Phone	_____ Email
_____ Full Name	_____ Home Phone	_____ Mobile Phone	_____ Email

## ASC T-Shirt

*T-shirt size:* (please include a size for each participating class member)

___ Small	___ Medium	___ Large	___ Extra Large
___ Small	___ Medium	___ Large	___ Extra Large
___ Small	___ Medium	___ Large	___ Extra Large
___ Small	___ Medium	___ Large	___ Extra Large

## Session Preference

*Your preferred session:* (please check one, and if that session is already full we'll contact you to see if you have interest in another)

\_\_\_ Spring      \_\_\_ Summer (dinghy)      \_\_\_ Summer (keelboat)

## Payment

*Payment type:* (please check one)

\_\_\_ Single (\$375)      \_\_\_ Family (\$475)      \_\_\_ ASC (\$50)

# 2012 Rules of the Alaska Sailing Club:

These rules have been developed by the club to avoid conflict, insure safety and promote a positive community at the Alaska Sailing Club.

1. *Driving on the club site:* Please drive slowly, use caution and good judgment when driving on club property. This is for the safety of children, pets and others. Traffic on the waterfront (between the sauna and hoist) is restricted due to safety concerns. For unloading on the waterfront please inform the other members present of your intentions so they may move their children and belongings out of the way.
2. *Parking:* The waterfront area between the lift and sauna building must be kept clear of boats, cars, trailers, campers, etc. to allow easy access to the docks and viewing of the lake. Due to limited automobile parking on regatta weekends, we ask that guests use the public parking (fee required) at the public boat launch.
3. *Facilities usage:* Use of dock facilities limited to sailboats and human powered crafts. Personal watercraft (Jet skis, Wave runners, etc.) are prohibited at the club site. Member owned motorized craft, other than PWC, may be authorized for use of two marked transient berths on B dock. Any motorized craft berthed must be available for club usage as an emergency rescue boat, should the need arise.
4. *Life jackets:* Life jackets must be worn on all boats at all times. Life jackets are required to be worn by non-swimmers and children 12 and under at all times.
5. *An application is required for moorings and small boat trailer parking:* All of these spaces are intended for active participating members. Parking for small boat trailers and moorings are in short supply and the ASC maintains waiting lists (please be aware you are not guaranteed a spot with your membership). You will need to speak with the Harbormaster and ask to be placed on a waiting list. Your membership application needs to be received by April 15th if you wish to hold on to your space/mooring. If payment is not received by April 15th we will assume that you are not returning to the ASC and will open your spot to the next person on the waiting list. If you purchase a boat or from an existing member, you do not assume the mooring or either kind of parking space. The trailer of moored boats will not be stored at the ASC site with exception of the club boats and the grandfathered boats as of October 2011.
6. *An application is required for long term and transient camper/RV parking:* All of these spaces are intended for active participating members. Parking for long term and transient camper/RVs are in short supply and the ASC maintains a waiting list for both. You will need to speak with the Senior Vice Commodore and ask to be placed on a waiting list. The transient camper/RV parking is on a first come first serve basis. Your membership application needs to be received by April 15th if you wish to hold on to your space. If payment is not received by April 15th we will assume that you are not returning to the ASC

and will open your spot to the next person on the waiting list. If you purchase a camper/RV from an existing member, you do not assume the parking space.

7. *Registration:* All boats and trailers at the ASC must be registered with the harbormaster for moorage or parking assignments.
8. *Club Care and Maintenance:* Please remember all jobs are performed by members. If something is in need of attention please do your part by performing necessary maintenance or contacting a board member. We encourage members to do one or more small jobs each time they are at the club and to participate in as many work parties as possible. Watch the email traffic and look in the club house for the to-do list. Volunteering time at work parties and on projects is encouraged. Members that participate in the spring and fall work party will be given a \$50.00 deduction on the following year's dues.
9. *Tents:* Tent campers are welcome at the ASC. Please see the site map to locate the designated areas or ask a fellow ASC member assistance.
10. *Garbage:* Please haul out what you haul in! During potlucks we recycle cans, glass and plastic as well as garbage. Members willing to take garbage and recycling materials are always welcome to do so. Use caution with garbage to avoid attracting bears.
11. *Firewood:* There is a limited supply of wood for members to use in the club house, sauna and campfires. Please be considerate and conservative when making a fire. We encourage everyone to find additional sources of wood, as well as taking a turn chopping and splitting. Replace firewood you use in the clubhouse with wood from the wood box. Club trees are not to be logged without permission from the Site Committee.
12. *Overnight docking:* Overnight docking is welcome while members are present on the club site. Please, secure club boats carefully to insure that the hull and sail are not damaged by rubbing on the dock and other boats. If in doubt ask for advice from other members. Unattended overnight docking is forbidden.
13. *Membership Renewal:* If membership is not renewed in any given year, and there is property stored at the club site by the non-renewing member, the member agrees to pay a storage fee of \$10.00 per day, and further agrees that the Alaska Sailing Club may make such use of the property as it deems appropriate.
14. *Dogs and pets:* Having your pet at the club is a privilege. Dog and pet owners are asked to be considerate of other club members by: supervising their pets carefully, being diligent about cleaning up all feces that they see (orange bags are provided at the club house and sauna), and to confine their pets while members are dining during potlucks or while the dog owner is out sailing. Pets are not allowed in the clubhouse. Owners are requested to kennel their animals that are behaving unsafely or if they become a nuisance (including barking). Pet privileges are for members only. Failure to follow these rules could result in the loss of pet privileges at the club.
15. *Guests:* Guests are welcome. Due to limited space and facilities, members planning to have more than 5 guests at one time should contact the Alaska Sailing Club Board. The sponsoring host must be onsite at the club at all times while their guest(s) are present. As

the hosting member you must ensure that your guests, as well as your family, follow the rules, respect the club properties and others. Guest are not allowed to invite other guests. The sponsoring host is required to obtain a signed liability form from their guests. They must also sign that they have read and understand the club rules. Boats are for the use of our members. Guests are welcome to be on the boats with their host.

16. *Alcohol:* Consumption of alcohol by minors is prohibited at the Alaska Sailing Club. Use of club boats is prohibited while intoxicated or while drinking alcoholic beverages.
17. *Private Parties:* Members must apply to the board before they schedule or hold any private parties at the club. Permission will be given on a case by case basis and certain fees and rules will apply.
18. *ASC club boat inventory, time limits and restricted use:* Club boats include (1)RL, (2)Lasers, (5)Skip Jacks and (1)Ensign. Club Boats are only available in 2 hour blocks of time. Please note the date and time when you have checked out a boat on the white board in the clubhouse. You may check the boat out again if no one is waiting to use the boat. Club Boats are not available for general use during our sailing class. They will only be available to students during these sessions. See calendar for details. Club Boats are not available during outreach weeks in June. See calendar for details. The RL and the Ensign may be reserved up to a week in advance by contacting the Harbormaster.
19. In order to use the club boats you must meet four requirements:
  - a. Be a member in good standing
  - b. You have agreed to keep the boats, safe, clean and put away
  - c. Have paid the annual non-refundable \$75.00 fee
  - d. Have been checked out by the Harbormaster, the Commodore, the Vice Commodore of Education, or the Vice Commodore of Racing.

Please have each member covered under your membership or sailing class application review the above rules and sign below:

Printed Name	Signature	Date

# Release of Liability Agreement

Please have every member complete one of these forms.

I, \_\_\_\_\_, am aware that water sports (including sailboat racing) are hazardous activities. I wish to participate and/or receive instruction in these activities with the Alaska Sailing Club, Inc. (ASC). I have full knowledge of the dangers involved, and agree to accept any and all risks of injuries or death that may occur.

\_\_\_\_\_ (initial that you have read this paragraph)

*Giving Up My Legal Rights.* By signing this agreement I agree to give up for myself and for my heirs, certain legal rights which I may have in the event I become injured or killed while participating or receiving instruction in water sports with ASC or while utilizing ASC property. I am giving up my legal rights against ASC and my fellow participants in ASC activities. As used in this agreement the ASC shall mean Alaska Sailing Club, Inc. and all of its leaders instructors, officers and directors.

\_\_\_\_\_ (initial that you have read this paragraph)

*My Promise Not To Sue.* I agree that I will not sue or otherwise make any claim against ASC or my fellow participants in ASC activities for injury, death or damage to me or my property which occurs in the course of my participation or instruction in water sports or my utilization of ASC property.

\_\_\_\_\_ (initial that you have read this paragraph)

*My Release of Liability.* I also agree to release and discharge ASC and my fellow participants in ASC activities from all actions, claims or demands both for myself and for my heirs, dependents, and/or personal representatives, for injuries, death or damage to me in the course of my participation or instruction in water sports or my utilization of ASC property.

\_\_\_\_\_ (initial that you have read this paragraph)

*My Promise to Indemnify.* I agree to pay all costs and expenses, including attorney's fees and court costs, that ASC may incur as a consequence of any legal action arising out of injury, death or damage to me or to someone else as a result of my conduct.

\_\_\_\_\_ (initial that you have read this paragraph)

*My Consent to Medical Treatment.* I consent to any hospital care or medical or surgical diagnosis or treatment which may be necessary as a result of my participation in activities with ASC. I also understand and agree I am solely responsible for all applicable charges for such medical treatment, including evacuation and/or rescue cost.

\_\_\_\_\_ (initial that you have read this paragraph)

I understand that the ASC requires that I execute this Agreement as a condition of participating in water sports with ASC.

\_\_\_\_\_ (initial that you have read this paragraph)

I also understand that all the terms of this agreement are binding upon me, my relatives, heirs, dependents, and/or personal representatives. I HAVE CAREFULLY READ THIS AGREEMENT AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A BINDING, LEGAL AGREEMENT BETWEEN ME AND ASC AND I SIGN IT OF MY OWN FREE WILL.

Signature: \_\_\_\_\_

Dated: \_\_\_\_\_

Printed Name: \_\_\_\_\_

Signature of  
Parent / Guardian: \_\_\_\_\_  
(if under 19)